

# SABRE NEWS

Sabre Charitable Trust  
Registered Charity No. 1105489

October 2009  
Issue 1

## Welcome to our newsletter...

**A**kwaaba! We are very excited to be launching our new monthly newsletter with the intention of keeping you up to date with what is going on in Sabre's world on a regular basis. With that in mind we would love to hear from you with ideas of what

you would like covered, as well as sponsored events, stories of your time in Ghana, donation news and fundraising successes. Just drop us an email - [tom@sabretrust.org](mailto:tom@sabretrust.org)

It has, as ever, been a remarkably busy summer. There have been volunteers, fund raising events,

school trips, partnerships, collaborations and much much more, so please, read on, enjoy, and stay in touch and involved. Remember, we couldn't do it without you!



## Dwabor KG - where we're at

### After heavy rains comes dedication...

**D**espite planning on finishing phase one in August, after a heavier rainy season than usual it quickly became apparent that we would need to extend the build programme. Tim, our site engineer, has been tracking progress well and recommended that we extend by 8 weeks. This puts us somewhere into mid-October for the completion of the first phase, and thankfully the villagers are just as excited about the project as they were on day one! This is a huge morale boost to anyone who visits the site and really brings home how important this project is to them.

Since April we have had 40 Davis Langdon or Arup employees out to help on the build and each has come back with great stories to tell, unsurpassed enthusiasm for the project and a new perspective on life.

We would like to take this opportunity to say a huge thank you to all those who have been involved so far, and hope that you will consider coming out again once it's finished, or to help on phase two, or both!

Updates on the build can be found on the dedicated [blog](#) and via Tim's [photo diary](#). The latest site photos taken at the end of September show the roof trusses and rafters in place, meaning

that all structural works are almost complete. We hope that by next month we will be looking at a real life version of the CGI - Exciting times indeed! And remember, if you would like to help out on a construction project, we would be only too happy to hear from you - simply email [tom@sabretrust.org](mailto:tom@sabretrust.org) or get in touch using the details on the next page.



## Meet the Team...

**Aubrey Malcolm-Green** is the SCT Operations Director. He is based in Ghana and is responsible for almost everything that happens on the ground.

**Dominic Bond** is the Development Director. Based in the UK. Dominic is primarily responsible for Sabre's corporate sponsorships, grant applications and school partnerships.

**Tom Malcolm Green** is the Volunteer and Communications Manager. Although he is the newest member of staff he has been involved with Sabre since he took part in our first Overland Expedition in 2004.

## Hello To...

The new school year begins with the arrival of 6 new volunteers, from various corners of the world, including UK, Spain and USA.

## Goodbye To...

It is with heavy hearts that we say goodbye to three very special volunteers who became in-country staff during their stay. Will, Beth and Georgie, thank you so much for all that you have done over the past year. We wish you all the best in whatever life throws at you next.

## What's New...

Our office in Elmina is now fully up and running and with it comes a veritable menagerie of dogs, chickens and children!

# Race Across America

**R**ichard Newey, of Davis Langdon LLP, completed the toughest endurance race on the planet, Race Across America (RAAm) in June. This saw him cycle from Oceanside, California to Annapolis, Maryland, some 1000 miles longer than the Tour de France, with only one stage! Averaging 20 hours in the saddle each day and distances of up to 300 miles, this incredible effort gained him 8th place and saw Richard complete it in 11 days and 10 minutes. Thanks to Richard's efforts and his incredible supporters he has managed to raise nearly £7,000 for Sabre so far. Read more [here](#) as well as his [blog](#) about the journey.



## Chesham-Brenu 2009

**A**nother year, another successful school project expedition from Chesham High School in Bucks to their partner school, Brenu Akyinim. Thirteen Chesham pupils and two staff made the six hour flight to be greeted by their Ghanaian counterparts, with whom they lived for 3 weeks, completing projects to plant the school farm, decorate a textiles workshop and host a kindergarten sports day. This kind of trip is all about benefiting both UK and Ghanaian pupils through cross-cultural exchange, and the continued positive feedback we receive is tremendously encouraging. Next up is a school sports tour in October - hopefully the first of many! Read the expedition diary [here](#).



## Ghana on the World Stage

**C**heck out the newly released advert from Cadbury's, featuring the first song from their new label, Glass and a Half Full Records. The song, called 'Zingolo' is by one of Ghana's best hip-life artists, Tinny, and the advert promotes Ghanaian cocoa and Cadbury's Fair Trade policy in using it. Watch the advert [here](#).

## November's Issue

Ghanaian Proverb of the Month

"The best way to improve your memory is to lend people money"

Bus Run gets going, Dwabor KG update, Charity Sevens, School Partnership update, new staff and more...

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## Dragon Boating

**I**n recent months (June and September) there have been two Dragon Boat Regattas in which teams competing for Sabre have been involved. The first one raised £6,500 and the second nearly £3,000 so far. You can read reports of both online by following these links to the [Marlow Regatta](#) (June) and the more recent [Oakley Court Regatta](#) (September).



## New Patron

**F**or those of you that haven't already heard, we are extremely pleased to announce that Kwame Nkrumah-Acheampong, aka, the Snowleopard, has become our first patron. Kwame is the first Ghanaian to qualify for the Winter Olympics and will be competing in the Slalom and Giant Slalom at the forthcoming Vancouver 2010 Winter Olympics. Read more about our partnership with him [here](#). You can also follow Kwame's progress to the Games on his [website](#).

## Reach Cambridge

**J**uly saw a new collaboration between Reach Cambridge and ourselves in the form of a Ghanaian themed activity day. Around 80 overseas students managed to raise £2,500 in the heart of Cambridge. Full story [here](#).



## London - Brighton

**T**he 9th September, saw Carrie Starbuck set off to cycle from London to Paris, having previously done a practice run from London to Brighton. The route was more than 300 miles over 3 days. A huge well done, thank you and congratulations, £1,380 raised so far with a target of £1,500! Help Carrie reach her target [here](#).